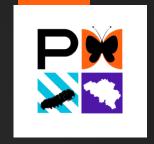


#### PM Fair 2022, 7th October

The Royal Museum for Central Africa Tervuren, Belgium





#### Presentation

Coach or not to coach, a change management question?



#### **Laurent Janssens**

Consultant in Change and PM coaching







## You said change management ... A lifelong journey









And many more ...

See on linkedIn

### Survey 1

- Who has already received coaching in a business or professional setting?
- Did you make the progress you expected?
- Did you already apply coaching techniques in a change/transformation project?

### Problem statement/Context



As a Jr project manager, just after my training (and certification) I feel I know how to proceed with my project, but applying from the book and only based on the (too) "simple" use cases I experienced during my training simply do not work in a reallife complex environment... Coaching would offer me the possibility to go **beyond the initial training** and explore how to adapt my project management style and techniques....



As an employee, assigned on a project management role, I have difficulties to identify the project (vs many BAU initiatives) and to organise my work and the one of my collaborators around a specific journey... Coaching would help me to discover the essence of the management of project



As a project manager professional, I'm engaged on complex projects where even though I know all the techniques, my personal behaviour (charism, leadership...) are identified as key success factors... Coaching would help me to get feedback from a neutral peer about the direction I give to my project management style

### What is coaching?

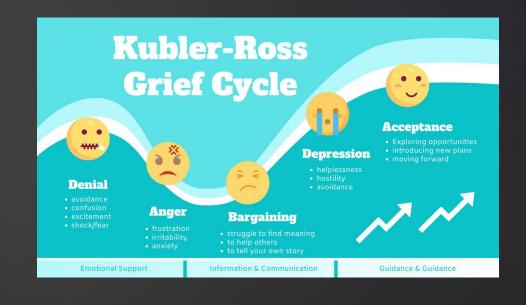




As a coach, I support a coachee in achieving a specific goal in providing guidance. Through my listening and questionning, I help to shift its perspectives and thereby she discovers different approaches to achieve her goals.

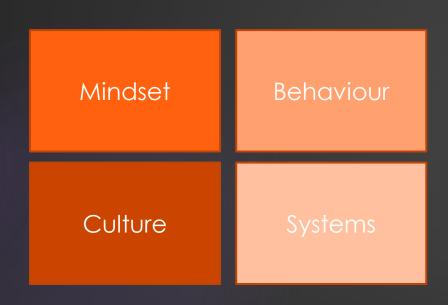
## Coaching as a bridge to speed up the change?

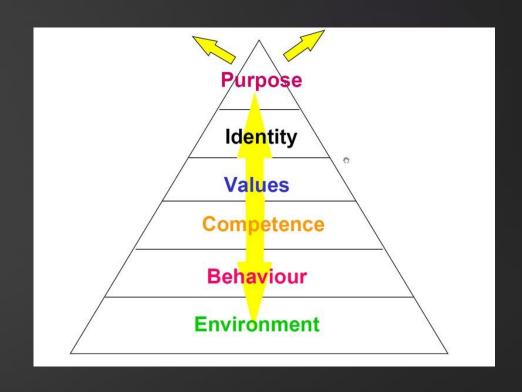
- An organizational change is first of all for each individual (incl. change leader or Project manager) a personal change, with his fears, ...
- Change Leaders have to transform their own beliefs about people, organizations. In other words, they themselves must transform to lead transformation successfully
- Change leaders have to be conscious that change affects themself
- Coaching helps to increase the level of consciousness



By coaching, managing this « grief » cycle to short it

# Deep and broad of a change A systemic perspective





Source: the change leader's roadmap (Dean Anderston)

### How to become a "top performer"?



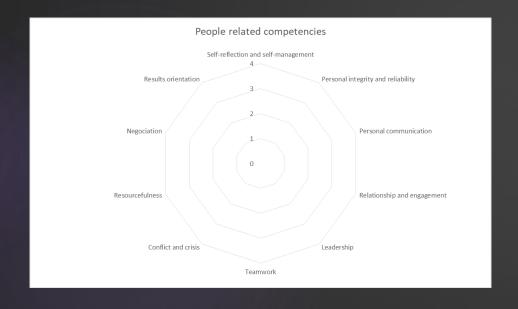
- Be highly motivated and work smart
- Lead and make others better
- Be coachable and follow
- Innovate, Dare & Repeat
- Be resilient & Bounce Back
- Optimal use & refuel of energy
- Enjoy and celebrate

### And you as Project manager ?



- How adaptative are you as Project Manager?
- Ready to manage the increased challenges?
- What will be the « Project Manager of the future »?

### And for a PM (people related)?



- Self-reflection and self management
- Personal integrity and reliability
- Personal communication
- Relationship and engagement
- Leadership
- Teamwork
- Conflict and crisis
- Resourcefulness
- Negociation
- Result orientation

Are they sufficient ?

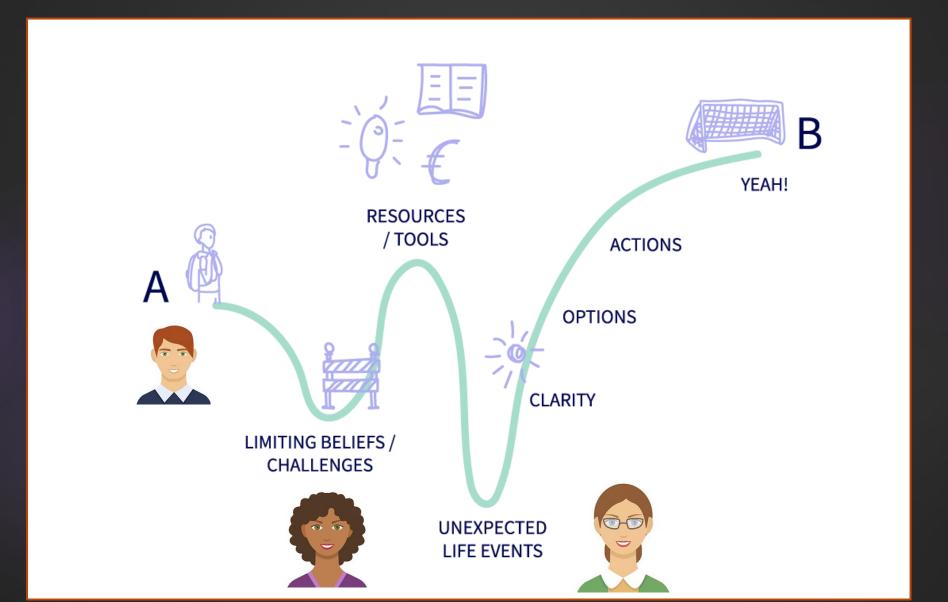
## Which attitudes may be required for the « PM of the future »?



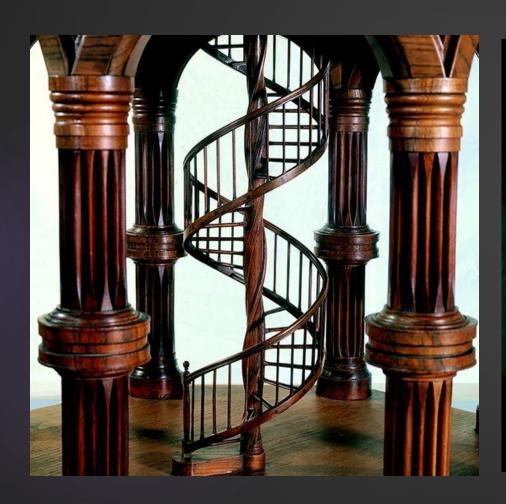
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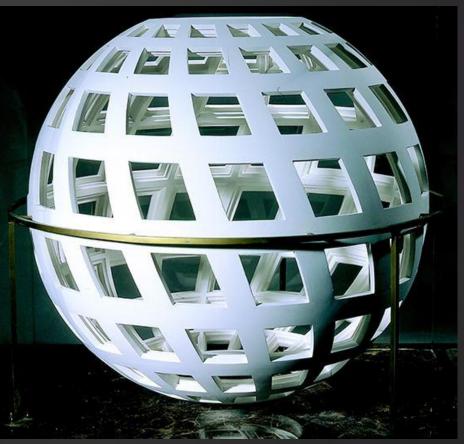
And probably many other ones !!!

### When starts the Companion tour?



### Companion's masterpieces (1/2)

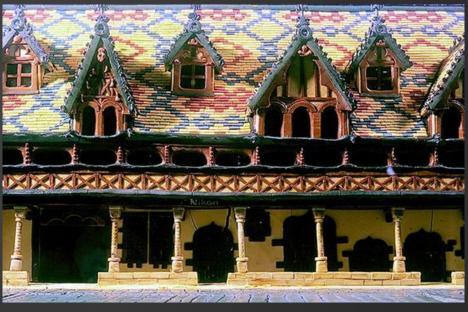




Staff sphere

### Companion's masterpieces (2/2)





Beaune Hospice in wet dough

Hand holding a sphere

## What is your next **project** masterpiece? And how to reach it?

As project craftwoman

Search for your guilde/companions
Build up the right Project
Management attitudes

... To become a Master Companion ... In Project Management

#### Enjoy the journey ...

... We hope "inspirational"



### "What's up, Doc?"

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- The Project Inspirational Companion
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- <u>laurent.janssens@theprojectinspira</u> <u>tionalcompanion.be</u>
- www.theprojectinspirationalcomp anion.be









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